



Café Caleta

WORKSHOP

Objective of the Workshop:

Directed by Joan Tur, from Fluxà Ibiza, you will learn how to make caleta coffee like real sailors. Prepare it for a long after-lunch, for a special snack accompanied by some delicious bunuelos or, at any time, because today is today.

Localización de la Actividad:

Factory and botanical garden of Fluxà Ibiza,
c. Ginebre, 8

www.fluxaibiza.com



Recipe

The Café Caleta workshop begins with a brief explanation about the origin of this popular drink. And the truth is that it was not so many years ago that this coffee became fashionable on the island. In the 1950s, two fishermen from the sa Caleta area (hence its name), did their obligatory military service in Galicia and on their return began to prepare this recipe. Which, by the way, has similarities with the queimada, although we do it “bareback and without spells.”

Joan presents the ingredients and, step by step, explains how the recipe is prepared and, above all, how to know that the drink is ready to be removed from the heat and enjoyed. The ideal is to prepare it with a good wood fire as it gives it a very special flavor, but if you don't have wood at hand, the gas fire or the vitro serve equally well.

We like to start by making a syrup with the water and sugar. When it is ready, we add the brandy and rum, a cinnamon stick and lemon peel (and, if we feel like it, also an orange peel), the coffee beans and a teaspoon or two of decaffeinated coffee.

We will set the liquid on fire and let it burn according to the desired degree of alcohol. You have to let it rest just a moment before serving it.

It is one of our most successful workshops and on YouTube you can find several demonstrations recorded by gifted students such as Ángel Ferrer:

<https://youtu.be/K0DBn7U29q4>

And in this other link the super professional and very funny video that the journalist María Roig from IB3 recorded for the Connexió Directe program.

<https://youtu.be/vt4398-8FX4>

The best thing about our workshops is the good humor of the people who join them, so they usually end with applause, a diploma and a funny family photo.

